

Personal Trainer Promotion Requirements

“The Way it Works”

Date: May 1, 2020

To: Personal Training Managers and Personal Trainers

From: Vice-President of Personal Training

Below are the updated requirements for a personal trainer to advance to the next pay rate at The Alaska Club. A promotion requires the trainer to have completed both the experience and education requirements listed. Also addressed in this document are newly hired personal trainers that come to The Alaska Club with multiple years of experience. The Alaska Club wants to acknowledge and compensate experienced new trainers accordingly.

Trainer Level	Pay Rate	Experience Requirements	Education Requirements
Advanced	Legacy - \$25.00 30 mins - \$10.50 60 mins - \$19.25	0-799 training hours with The Alaska Club	One (1) active personal training certification <u>or</u> One (1) bachelor's degree related to physical education or kinesiology
Expert	Legacy- \$29.00 30 mins – \$12.25 60 mins – \$22.75	800-2499 training hours with The Alaska Club <u>or</u> 5+ years of experience	Two (2) active personal training certifications <u>or</u> One (1) active certification AND One (1) bachelor's degree related to physical education or kinesiology
Master	Legacy - \$33.00 30 mins - \$14.00 60 mins - \$26.25	2500+ training hours with The Alaska Club <u>or</u> 10+ years of experience	Two (2) active personal training certifications <u>or</u> One (1) active certification AND One (1) bachelor's degree related to physical education or kinesiology

Promotion Steps

1. At the end of each month's session commission payout, the Executive Support Specialist will update each trainer's lifetime hours.
2. When trainer completes experience requirements, they will receive an email confirming total training hours and asking for validation of education requirements.
3. Once reviewed by Network Director of Personal Training or VP of Personal Training, the trainer is notified of promotion to next pay rate level.
 - a. New pay rate will not be paid out until trainer has upgraded or sold agreements at new level.
 - b. Once promoted, trainer will have 90 days to upgrade clients to new level.